

No Swimsuit? No Problem!

By Suzanne Schell,
Owner,
Laguna del Sol and
Mira Vista Resorts



We nudists sure have it easy compared to those poor full-time textiles who have to shop for new bathing suits. Maybe it's not so bad for guys whose suits all look pretty much the same, but on second thought, they've had to deal with soggy, wet fabric practically to their ankles for the past 15 years or so.

When I read about buying a woman's swimsuit, it seems so stressful and complicated. It makes you wonder how you're ever supposed to just relax by the pool or at the beach. Here are some typical words and phrases taken from just a couple of recent articles with "tips for finding the perfect swimsuit" and some swimsuit ads (my hint - birthday suit!):

Potential problem areas, Draw attention away from, Draw attention to, Slimming, Conceals, Hides, Camouflages, Minimizes, Problem areas, Trouble spots, Figure flaws, Slimming panels, Tummy control, Compresses, Flattens, Enhances, Maximizes, Deflect attention from, Doesn't add poufiness, Smooths out any lumps, Stay away from adding any bulk, Built in bra for support and shape, Draws attention to an area that you do want to flaunt, thus distracting from an area you don't. The vertical lines narrow the frame and draw the eye up and down instead of across. Padded cups at the bust and a compression liner that runs from under the bust to the lower torso. Prints can get really tricky and in most cases draw attention to areas you'd rather they not, as well as create kind of a dizzying effect that might make some areas look bigger than they are. If you go with a print, just make sure it flatters the right areas -- again, maybe it draws attention to an area that you do want to flaunt, this distracting from an area you don't. Whew!

It's understandable that women have the hardest time trying nudism for the first time and then are the most enthusiastic about it after experiencing it. When they allow themselves to get past the ridiculous idea that their body, no matter its size or shape, must be "fixed" with the perfect swimsuit or other clothing, they are able to finally relax, having one less thing to worry about.

Here's to a fun and stress-free nudist summer!

