

**About Our Organization:**

The American Association for Nude Recreation – Western Region (AANR-W) comprises 8 states: Arizona, California, Colorado, Hawaii, Nevada, New Mexico, Utah, and Wyoming. There are approximately 40 clubs within the Region that offer nude recreation options. Ethical standards of behavior are maintained by mandating that every AANR-affiliated club and business adhere to a wholesome, non-sexual, family-orientated atmosphere.

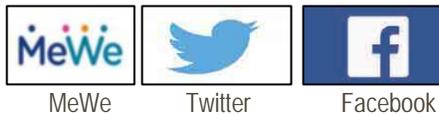
Once you have discovered the natural and life-enhancing experience of nude recreation, you will ask yourself “What took me so long?”

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**AANR-West**  
**American Association for**  
**Nude Recreation -**  
**Western Region**



[www.aanrwest.org](http://www.aanrwest.org)

***Born to be Nude***

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*Ladies: Think you need to have a perfect body to be a nudist? Think again.*

*Nothing could be further from the truth.*

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Imagine being able to relax and unwind and connect with other women nudists. There is a feeling of empowerment, camaraderie, and mutual respect. Nudists embrace the concept of body acceptance which means to “love the skin you are in”.

It is natural to be nervous and have questions. We have all been right where you are. One of the things you will discover is nudists are the most supportive, non-judgmental individuals you meet and are very accepting. Newcomers are embraced immediately and made to feel a supported and welcomed addition.

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*Women who enjoy nude living come from all walks of life, ages, occupations, sizes and shapes. And all are warmly welcomed.*

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For first-timers, it is recommended visiting an AANR-approved beach, club or resort. You can be assured of enjoying nudism in a safe setting as these facilities embody wholesome, family-oriented, non-sexual nudity. You can relax and completely unwind in a safe setting where clothes and judgment are left at the door.



One of the many benefits of nudism is meeting other women who enjoy being nude in a social setting. Many clubs offer activities so you can have fun and interact with other ladies. With clubs and resorts throughout the United States and beyond, you will be able to enjoy being nude in some of the most beautiful settings. Being an AANR-W member is like being a member of the family. Doesn't that sound wonderful?

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*Once you try nudism, you will wonder why it took so long as you experience a feeling of freedom that is beyond compare.*