



# Spring 2024 — Board Meeting Minutes

AMERICAN ASS'N FOR NUDE RECREATION • WESTERN REGION, INC.

via Google Meet • 19<sup>th</sup> and 20<sup>th</sup> March 2024  
Andy Walden, AANR Western Regional Secretary

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6:08 PM TUE AZ CA NV — 7:08 PM CO NM UT WY • 3:08 PM HI ... CALL TO ORDER

00:01:28

**Pledge of Allegiance** – The Vice-President leads the assembled.

**Roll Call** – Seven of the nine Directors are present via *Google Meet*. Quorum is declared by the President:

• President	Cyndi Tendick	SHANGRI LA RANCH	AZ	present
• Vice President	Treena Saavedra	ROADRUNNER NATURISTS	NM	present
• Secretary	Andy Walden	Direct AANR member	HI	present
• Treasurer	David Ziegler	SHANGRI LA RANCH	AZ	present
• Trustee	Kathy Watzel	MOUNTAIN AIR RANCH	CO	present
• Directors	Fredericka Carlile	Direct AANR member	AZ	present
	Michelle Carlson	SHANGRI LA RANCH	AZ	present
	Larry Gould	Direct AANR member	AZ	present
	Gary Holden	Direct AANR member	AZ	present
	Jeff Jackson	ROCKY MOUNTAIN NATURISTS	CO	present
	Steven Schubert	SHANGRI LA RANCH	AZ	excused
	Elizabeth Tharrington	Direct AANR member	AZ	present
	Walter Wallace	SOUTHERN CA NATURISTS	CA	excused
	Linda Weber	Direct AANR member	CA	present

**Introductions** – AANR members and guests:

- |                            |                         |                      |
|----------------------------|-------------------------|----------------------|
| • <i>Adrian Chianti</i>    | • <i>Mark Pavelchak</i> | • THE SEQUOIANS      |
| • <i>Claudia Kellersch</i> | • <i>Nancy Yuen</i>     | • <i>Tim Mullins</i> |
| • <i>“Craig”</i>           | • <i>Suzanne Schell</i> | • <i>Tom Stark</i>   |

**Adoption of Agenda** – The Spring 2024 Board of Directors Meeting:

- **Motion 23/24 № 03-1** by Kathy Watzel (Linda Weber) ... 7 yeas | 0 nays → **PASS**.  
“... the Agenda for the Spring 2024 Board of Directors Meeting for the American Association for Nude Recreation, Western Region, on 19<sup>th</sup> and 20<sup>th</sup> March 2024, be adopted as submitted.”

**Approval of Minutes** – The Fall 2023 Board of Directors Meetings:

- **Motion 23/24 № 03-2** by Elizabeth Tharrington (Kathy Watzel) ... 7 yeas | 0 nays → **PASS**.  
“... the Minutes for the Fall 2023 Board of Directors Meeting for the American Association for Nude Recreation, Western Region, on 8<sup>th</sup> and 9<sup>th</sup> November 2023, be approved as written.”

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6:14 PM ... OFFICERS' REPORTS

00:07:44

**President Cyndi Tendick** presents her verbal report:

- Whilst in California, visits to GLEN EDEN SUN CLUB and OLIVE DELL RANCH were made:
  - GESG – Spoke with Mark Pavelchak regarding an upcoming event in June.
  - ODR – Met and talked with the new office and property manager. Darleen has been at the resort for over forty years! A number of members and residents are unhappy with the ownership change, similar to the situation at DE ANZA SPRINGS. Processing memberships with AANR and AANR-West were discussed along with their pending events, in particular the Bare Burro 5K Race weekend of 26-28 April. The café will hopefully reopen by then. Also, kudos to Andee Rodgers who provided key contacts at ODR.
- ☞ **Kathy Watzel** – AANR received a \$1,100 cheque from ODR on 21<sup>st</sup> November 2023 but have received no monies since. There are 315 registered members, of which 191 have expired memberships. Kissimmee is working on resigning those people, many of whom thought they had already paid in full.

**Vice President Treena Saavedra** presents her verbal report:

- Working with Cyndi Tendick on the convention plans as well as gatherings to which directors will be sent.
- The *Big Nude Boat* cruise was wonderful; was able to sign a few new ROADRUNNER members along the way.
- ¡Gracias! to Jeff Jackson for the side trip to *Playa Sonrisa* in Xcalak, the only % resort on the Yucatán!

**Secretary Andy Walden** stands by his report as submitted:

- This is the second “split” meeting conducted over two evenings and they seem to be more convenient for us.
- Written reports are essential for expediency. Giving a verbal summary is tantamount to dictating to this office.
- Several cities have *No Pants Light-Rail Ride* days, venues where AANR could promote nude recreation.

**Treasurer David Ziegler** presents his verbal report:

- Net assets of \$19,000 were posted for 2023. More expenses are anticipated in 2024 as we regain momentum.
- AANR is promoting more marketing drives and more travels for directors.
- Donations have been made to the Government Affairs Team as well as the Western Nudist Research Library.

**Trustee Kathy Watzel** presents her verbal report:

- Two ~~100~~ % clubs (not in AANR-West) which have not signed all members. Kissimmee is working to correct.
- AANR is returning to Connectix. A new feature will read a driver’s license to identify name and address only (no other records) and then the new system will extract AANR membership information from its database.

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## 6:37 PM ... COMMITTEE REPORTS

00:31:24

**Internal Administration** – The committee has nothing to report for this session.

**Finance** – The committee has nothing to report for this session.

**Public Relations** – The committee stands by its reports as submitted:

- **Website** – An advertising subcommittee is requested with Gary Holden, Treena Saavedra and *Tom Stark*.
  - ☞ *Tom Stark* – *The website is tracking better compared to 2023-to-date. There is a spike whenever the newsletter is available. As winter turns to spring, we can anticipate an increase in visits.*
- **Newsletter** – Nothing to report regarding **The Western ☺ Sun** for this session.
- **Social Media** – A \$9/month fee to X will make a page visible to all users versus those who search for us.
  - ☞ *Cyndi Tendick* – *Monies are available in the PR budget; a monthly charge is authorized.*

**Membership** – The committee stands by its report as submitted:

- AANR-West is down 1416 in memberships, due largely to DE ANZA SPRINGS’ closing and personal economics.
- AANR-WC is the only region with growth; noteworthy since they considered folding just a couple years ago!
- Four clubs are still provisional. AANR-West is committed this year to raising them to chartered clubs.
  - ☞ *Kathy Watzel* – *AANR will have a new category for provisional clubs with a nominal charge per year so they may remain AANR affiliates. “Provisional” is a travel club < 15 members, and a landed < 25.*
- **Diversity & Inclusion** – Elizabeth Tharrington presents a verbal report, asking for someone to take the responsibility for the D&I subcommittee; Gary Holden volunteers.

**Club Relations** – The committee stands by the reports as submitted:

- Michelle Carlson presents a verbal report where she has had two meetings postponed with Tyler López, Director of Government & Community Affairs, and Kimberly Todd, Director of Media Relations, at the Arizona Office of Tourism. A third attempt to meet is now scheduled for 3<sup>rd</sup> May. This benchmarks AANR-Florida’s efforts.
- Intima Resort is an adults-only % residential resort in Tulum, México, which has roughly 60% Canadian ownership within the community. Dave & Michelle Carlson are considering buying a place there and want to represent AANR at the next HOA Board meeting.

☞ **Cyndi Tendick** – Some of the HOA members at Paradise Lakes in Florida who still believe in the AANR principles have formed their own affiliated club even though the resort’s charter was revoked years ago. A number of Desert Sun residents are, likewise, considering an association with AANR. Western México and Zipolite are under the auspices of AANR-West, the central Mexican states affiliate with AANR-Southwest and the three states on the Yucatán are with AANR-Florida.



☞ **Jeff Jackson** – A group from ROCKY MOUNTAIN NATURISTS are planning a trip to Xcalak next year. Playa Sonrisa is owned by AANR members from Montana and are working hard to make it a nudist destination; an AANR affiliation would be a plus.

**Marketing** – Cyndi Tendick stands by the report as submitted:

- **Multinational Outreach** – Andy Walden reports that AANR is always looking for opportunities to open doors for our non-English speaking neighbors. Spanish rack/business card files are available upon request.

**Women in Nude Recreation** – Each subcommittee reports individually:

- **Internal** – Andee Rodgers has created the **womeninnuderecreation.com** website as well as the clever **ImPERFECT** stickers — a creative play on words — which send a wonderful, positive message. She is currently touring clubs and resorts in AANR’s Northwest and Western regions with her story and how Naturism has helped her. Tom Rodgers is simultaneously conducting gatherings for the men.
- **External** – The subcommittee has nothing to report for this session.

**Family Young Adults** } The committees have nothing to report for this session.

☞ **Cyndi Tendick** – The best advice for these two demographics is the same: treat them like anyone else and include them in all aspects of club activities. Avoid calling attention to their presence or making a “big deal” about having more youthful visitors. The resorts sponsoring 5K runs will naturally attract younger people, so as long as AANR continues to foster these events, we will be in good shape.

**Scholarships** – The committee requests a deferral until the By-Laws & Procedure Manual committee reports.

**Sports** – The committee has nothing to report for this session.

☞ **Cyndi Tendick** – In a conversation with OLIVE DELL RANCH, they are requesting tchotchkes for their upcoming Bare Burro 5K Race. Please work with Conventions and Facilities on plans for the Summer.

**By-Laws & Procedure Manual Government Affairs** } The President defers these committees’ report to Wed. without objection.

**Legal** – The committee requests a motion to recess the Board of Directors meeting in favor of Executive Session.

- **Motion 23/24 № 03-3** by Larry Gould (Kathy Watzel) ... 7 yeas | 0 nays → **PASS**.  
 “... the Spring 2024 Board of Directors Meeting for the American Association for Nude Recreation, Western Region, go into recess for the purpose of conducting an Executive Session to discuss a legal issue.”

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7:22 PM PDT TUESDAY ... MEETING IN RECESS

01:16:00

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7:30 PM AZ CA NV — 8:30 PM CO NM UT WY • 4:30 PM HI ... EXECUTIVE SESSION

At the request of its Officers, the AANR Western Regional Board of Directors is in a closed meeting to update the Board on a legal action in which the Region has been named. No decisions were made during the closed session.



**Roll Call** – Seven of the nine Directors are present via *Google Meet*. Quorum is declared by the President:

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• Vice President	Treena Saavedra	ROADRUNNER NATURISTS	NM	present
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	Linda Weber	Direct AANR member	CA	present

**Secretary Andy Walden** presents his verbal report on the Executive Session:

- President Cyndi Tendick relayed the latest information regarding a legal action taken which includes the AANR Western Region. No decisions were made by the Board of Directors and the session was adjourned at 8:00 PM.

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## 6:02 PM ... COMMITTEE REPORTS (CONT.)

00:04:40

**By-Laws & Procedure Manual** – The committee stands by its report as submitted:

- Ten motions to augment the By-Laws will be presented to the delegates at the Regional Assembly in August, with final drafts included with the Minutes’ e-mail. The articles the Board hopes to update are:
  - ARTICLE II – **Purpose**
  - ARTICLE IV – Regional Assembly
    - PART A – **General**
    - PART C – **Delegates and Voting**
  - ARTICLE V – Board of Directors
    - PART A – **General**
    - PART B – **Directors**
    - PART C – **Meetings**
  - ARTICLE VII – Members
    - PART A – **General**
  - ARTICLE X – Funds
    - PART C – **Scholarship Fund**
  - ARTICLE XII – Amendments to By-Laws
    - PART A – **Automatic Amendments**
    - PART B – **Proposed Amendments**
- Regarding Art. X, Part C “Scholarship Fund,” additional verbiage (below, *red*) to focus the award towards an AANR-West recipient is suggested:
 

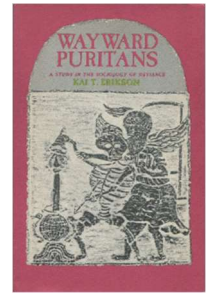
All scholarship funds raised by AANR-West shall be forwarded to the AANR Education Foundation, a 501(c)(3) charitable partner of AANR, *for funding an eligible candidate from the AANR Western Region. If not claimed after three (3) years on a rotating basis, the monies are transferred into the General Fund.*

☞ *Kathy Watzel* – An expanded explanation of rotating basis is needed for clarification.
- Regarding Art. XII, Part A “Automatic Amendments,” the word *adapted* is changed to *adopted*.

**Government Affairs** – The committee stands by its reports as submitted.

- The Western and Northwestern regions are quite active right now. California, Hawai‘i, Oregon and Washington have pending legislations which could adversely affect nudist activities. Lots of the strategies used by GAT in other areas come from the West Coast experiences.

- Hawai'i is still in session with two bills each in both Chambers pending. AANR has retained a lobbyist in Honolulu and there are already successes with one bill not moving forward and he has found two other concerning bills. The state's Department of Land and Natural Resources has personnel whose personal mission is to stop nudity under the guise of *historical traditions*, contrary to historical facts.
- Zoning issues also affect nudist businesses and Hawai'i County's Planning Commission is pushing three bills which will redefine short-term rentals *vis-à-vis* VRBO and AirBnB operations in spite of overwhelming opposition during the public forum.
  - ☞ Larry Gould – To understand some of the actions by state legislatures, the book by Kai T. Erikson, *Wayward Puritans: A Study in the Sociology of Deviance* (2004 Revised: ISBN 978-0205424030), is suggested. There are certain populations who believe there is only one size, and it should fit all.
- California Assembly Bills 131 and 599 appear not to be a threat to Nudism at this time.



**Conventions & Facilities** – The committee has nothing to report for this session.

<b>AANR Western Regional Assembly &amp; Convention</b> 9-11 August 2024 SHANGRI LA RANCH • 44444 N Shangri-La Lane • New River AZ 85087-7988	<b>AANR Membership Meeting &amp; Convention</b> 12-17 August 2024*
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**Credentials** – The committee presents a verbal report:

- Year-end membership numbers have been published by AANR and delegate counts for the region's clubs are being calculated. With no proxy voting, clubs are responsible to have an assigned delegate from their members.

**Western Nudist Research Library** – Mark Pavelchak, President/CEO, is the guest speaker:

- A tradition has started in having an annual public presentation. This year's program will be *The Ray Connett & Mildred Harris Story*, coming in April. Ray Connett, the "Father of Canadian Nudism," founded VANTAN CLUB in 1939 before developing Glen Eden Sun Club in 1963. His wife Mildred was instrumental in empowering reluctant women to understand, embrace, and enjoy Naturism.

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### 6:46 PM ... BUSINESS SPECIFICALLY FOR THIS MEETING

00:48:48

**Operation Handshake** – With the sudden conversion of DE ANZA SPRINGS along with the announcements that LUPIN LODGE and OLIVE DELL RANCH properties are for sale, members of non-landed clubs that relied on access to these resorts had a sense of abandonment. This motivated Mark Pavelchak to bring together Nudists from Southern California and beyond. Inspired by a 1969 unity event at GLEN EDEN SUN CLUB, he is organizing Operation Handshake 2024 to be held at the resort in June. The idea is to partner travel clubs with their local resorts, offer incentives, as well as strengthen their association and participation with AANR.




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### 6:57 PM ... NEW BUSINESS

01:00:10

**2024 World Social Science Conference** – There will be two different panels reviewing three papers each devoted to issues surrounding Social Nudism in the US. This is a first for the WSSA, to be held in San Antonio. The presenters will be Dr. Larry Gould, *Naturism and Sexuality: A Stigma within a Stigma* and *The Impact of Social Nudity on Children: A Meta Analysis*; Dr. Ronna E. Krozy, *The Burden of Secrecy*; J. R. Holifield, *Try It, Join Me: The Politics of Self-Representation in Body Positive Media*; Tom Stark, *Social Nudism and the Societal Misconceptions: Building a Website that Bridges the Gap*; and William J. Schoer, *Clothes-Free Living in America*.

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### 7:01 PM ... ANNOUNCEMENTS

01:03:40

- **AANR Meet-n-Greet** – Every month on the first and third Thursdays.
- **Gary Mussell** – He is in hospital recovering from an embolism and pneumonia.

**Cyndi Tendick** – A sincere thank-you to everyone on the Board of Directors and those attending this on-line meeting who reached out this past January when my Grandfather, Horst Kraus, passed away.

**Andy Walden** – Thank you to Elizabeth Tharrington for her dedication as well as her contributions to AANR-West, the Board of Directors, and to **The Western ☀️ Sun** these past years. She is in the process of moving to Maryland; our loss will be the Eastern Region’s gain.

**David Ziegler** – “If it’s *a penny for your thoughts* and you *put in your two-cents worth*, then someone, somewhere is making a penny!” —Steven Wright

**President** – Request for a Motion to Adjourn:

- **Motion 23/24 № 03-4** by Larry Gould (Gary Holden) ... **7** yeas | **0** nays → **PASS**.  
“... the Spring 2024 Board of Directors Meeting for the American Association for Nude Recreation, Western Region, be adjourned.”

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Respectfully Submitted,



Secretary, AANR Western Region

[aanr.com/photo-release-form](http://aanr.com/photo-release-form)

**\*AANR BY-LAWS**

**ARTICLE IX – MEETINGS AND CONVENTIONS**

**A. Annual Membership Meeting:**

1. A convention, including a membership meeting, shall be held annually and shall commence on the second Wednesday in August. Each regional division may hold a regional convention which should be completed at least three days prior to the opening of the AANR Convention.



## SAN JUAN CAPISTRANO & THE MIRACLE OF S<sup>T</sup> JOSEPH'S DAY

The first night of the Spring Board of Directors meeting was on 19<sup>th</sup> March, the day celebrating S<sup>t</sup> Joseph in the Catholic Church. It is also the traditional day the famous swallows of San Juan Capistrano return to the historic Mission from their migration to Argentina. First built in 1776 and reconstructed a number of times after earthquakes, the Mission has welcomed the birds with festivals and parades dating back to the early 1930s.

However, not all swallows flock to Mission San Juan Capistrano. The foothills and hamlets of the nearby Santa Ana Mountains also play host to these little mud nesters. One of those alternate locations was a nudist retreat outside the small village of El Cariso, near the crest of the Ortega Highway – a club known as MYSTIC OAKS.

The rustic campsite held its opening weekend in May 1933, as owners Hobart & Lura Glassey and Peter M<sup>c</sup>Conville welcomed a select few to ELYSIA, its original name. The grounds featured a couple of cottages, ten tents, a playing field and not much else. They kept a low profile, made friends with the community and weathered the initial shock by officials, but the scandalous press soon brought a curious Hollywood filmmaker to the gate. By November of that year, *Elysia: Valley of the Nudes* premiered in Los Angeles.

Three-quarters of a century provides lots of stories but that will wait for another time. Its name changed through the years: OLYMPIC FIELDS, then M<sup>c</sup>CONVILLE to honor Peter after his passing, and finally MYSTIC OAKS. The club folded in 2007 and the property is closed to all visitors — with an exception for their ever-faithful springtime arrivals, the swallows!

